# BOONE CAREER AND TECHNICAL CENTER SCHOOL OF PRACTICAL NURSING 9130 PRACTICAL NURSING – PSYCHIATRIC NURSING SYLLABUS

**MISSION**: Boone Career and Technical Center enriches lives locally, regionally, and globally by providing occupational education and training for lifelong learning and professional success.

VISION: Your Goals. Our Mission

PROGRAM OF STUDY: PRACTICAL NURSING

**COURSE:** Practical Nursing – Psychiatric Nursing (100 Hours)

Practical Nursing – Social Sciences Integrated (50 Hours)

Term: 3

Credit/Quarter Hours: 150 Clock Hours

Prerequisites: PRACTICAL NURSING PRINCIPLES AND FUNDAMENTALS

Name of Instructor: Paula Webb, RN pholstei@k12.wv.us

Sara Estep, RN sara.estep@k12.wv.us Kelly Harless, RN kelly.harless@k12.wv.us

**Instructor Office Location:** 

**Instructor Phone:** (304) 369-4585

**Instructor Office Hours:** Monday – Friday, 2:30 p.m. – 3:00 p.m.

## **Course Description:**

The Practical Nursing Psychiatric Nursing course introduces nursing students to mental health care, therapeutic skills of the caregiver, mental health problems throughout the life cycle, and patients with psychological and psychosocial problems. Students learn key terms, nursing diagnoses, medications and treatments used in the treatment of a wide range of mental health conditions and disorders.

## **Required Text and Other Materials Needed:**

Foundations of Mental Health Care, 7th Ed., Morrison-Valfre

# **Course Goals:**

Upon completion of this course students will be able to care for patients with a wide range of mental health conditions safely and effectively.

# **Course Schedule/Topic Outline:**

Term Three		
September 2 – December 20, 2024		
Sept. 2 – 5	Chapter 1: The History of Mental Health Care	
	Chapter 2: Current Mental Health Care Systems	
	Chapter 3: Ethical and Legal Issues	
Sept. 9 – 13	Chapter 4: Sociocultural Issues	
	Chapter 5: Theories and Therapies	
	Chapter 6: Complementary and Alternative Therapies	

Sept. 16 – 20	Chapter 7: Psychotherapeutic Drug Therapy
	Chapter 8: Principles and Skills of Mental Health Care
	Chapter 9: Mental Health Assessment Skills
Sept. 23 – 27	Chapter 10: Therapeutic Communication
	Chapter 11: The Therapeutic Relationship
	Chapter 12: The Therapeutic Environment
Sept. 30 – Oct. 4	Chapter 13: Problems of Childhood
	Chapter 14: Problems of Adolescence
	Chapter 15: Problems of Adulthood
Oct. 7 – 11	Chapter 16: Problems of Late Adulthood
	Chapter 17: Cognitive Impairment, Alzheimer's Disease, & Dementia
	Chapter 18: Managing Anxiety
Oct. 14 – 18	Chapter 19: Illness and Hospitalization
	Chapter 20: Loss and Grief
	Chapter 21: Depression and Other Mood Disorders
Oct. 21 – 25	Chapter 22: Physical Problems, Psychological Sources
	Chapter 23: Eating and Sleeping Disorders
	Chapter 24: Dissociative Disorders
Oct. 28 – Nov. 1	Chapter 25: Anger and Aggression
	Chapter 26: Outward-Focused Emotions: Violence
	Chapter 27: Inward-Focused Emotions: Suicide
	Chapter 28: Substance-Related Disorders
Nov. 4 – 8	Chapter 29: Sexual Disorders
	Chapter 30: Personality Disorders
	Chapter 31: Schizophrenia and Other Psychoses
Nov. 11 – 15	Chapter 32: Chronic Mental Health Disorders
	Chapter 33: Challenges for the Future
Nov. 18 – 22	FINAL Exam
Nov. 25 – 29	THANKSGIVING BREAK
Dec. 2 – 6	Preceptorship
Dec. 9 – 13	PRECEPTORSHIP
Dec. 16 – 20	NCLEX

# **Evaluation:**

The assessment and grading of student performance in this course is based on the following activities: attendance, participation, assignments, unit tests, skill sessions, clinical rotations, and a final exam.

Students must successfully pass all the competencies in order to pass the course and/or progress in the program. Students may re-attempt a competency up to three times in order to progress in the course.

## **Grading Scale**

94 - 100 = A86 - 93 = B

80 - 85 = C70 - 79 = D

0 - 69 = F

Students must score a 80% or above to successfully complete this course and progress to the next course.

#### **Course Policies:**

See the School of Practical Nursing Policy and Procedure Manual

#### **School Policies:**

See BCTC Adult Student Handbook

### **Support Services:**

- 1. The Individual Career Plan (ICP) is a planning tool that is used for career preparation, career growth and lifelong learning goals. All adult education students will complete an Individual Career Plan.
- 2. Students will be counseled on attendance and grades at mid-term and as needed by program instructors.
- 3. Students who fail a course must remediate with the Adult Learning Center. Please call 304- 369-4585 for more information.

#### Awards and Honors:

Outstanding students will be invited to become a member of the National Technical Honor Society. Students are recommended by the career & technical instructor.

Criteria for nomination:

- GPA of 4.0 (A)
- Exemplary Conduct & Attitude
- Leadership
- Teamwork
- Exemplary Attendance

#### **Discrimination Prohibited:**

As required by federal law and regulations, the Boone County Board of Education does not discriminate on the basis of sex, race, color, religion, disability, age or national origin in its employment practices or in the administration of any of its educational programs and activities. Inquiries may be directed to the safe schools coordinator, Boone County Board of Education, 69 Avenue B, Madison, WV, 25130 phone 369-8276.

SPECIAL NEEDS: If you need accommodations because of a disability, have emergency medical information to share with me, or need special arrangements in case the building must be evacuated, please inform me immediately.

Instructor retains the right to adjust the course schedule and revise the course syllabus as needed.