

**BOONE CAREER AND TECHNICAL CENTER
SCHOOL OF PRACTICAL NURSING
9130 PRACTICAL NURSING – PSYCHIATRIC NURSING
COURSE SYLLABUS**

MISSION: Boone Career and Technical Center enriches lives locally, regionally, and globally by providing occupational education and training for lifelong learning and professional success.

VISION: Your Goals. Our Mission

PROGRAM OF STUDY:	PRACTICAL NURSING
COURSE:	Practical Nursing – Psychiatric Nursing
Term:	3
Theory Hours:	46 Hours
Clinical Hours:	56 Hours
Social Science Hours:	19 Hours
Prerequisites:	PRACTICAL NURSING PRINCIPLES AND FUNDAMENTALS
Program Coordinator:	Paula Webb, RN pholstei@k12.wv.us
Instructor:	Kelly Harless, RN kelly.harless@k12.wv.us
Instructor Office Location:	107
Instructor Phone:	(304) 369-4585
Instructor Office Hours:	Monday – Friday, 2:30 p.m. – 3:00 p.m.

Course Description:

The Practical Nursing Psychiatric Nursing course introduces nursing students to mental health care, therapeutic skills of the caregiver, mental health problems throughout the life cycle, and patients with psychological and psychosocial problems. Students learn key terms, nursing diagnoses, medications, and treatments used in the treatment of a wide range of mental health conditions and disorders.

Required Text and Other Materials Needed:

Foundations of Mental Health Care, 8th Ed., Morrison-Valfre

ISBN: 9780323811446

Course Goals:

Upon completion of this course, students will be able to care for patients with a wide range of mental health conditions safely and effectively. Students will be able to work comfortably with patients who exhibit a wide range of maladaptive behaviors and apply the concepts of holistic care when assisting patients in developing more adaptive attitudes and behaviors. Students will learn to care for patients with mental health problems throughout the life cycle and with a wide variety of psychosocial problems, such as anger, suicide, abuse, neglect, and substance abuse.

Course Schedule/Topic Outline:

Term Three: August 31, 2026 – December 18, 2026	
Sept. 7 Clinical 8 Hrs	<i>Clinicals: 8 Hours</i> Highland Hospital & Presteria Center
Sept. 8 - 10 Theory 4 Hours SSI 1 Hour	Chapter 1. <u>The History of Mental Health Care (1 Hour)</u> Key Terms Early Years Nineteenth-Century United States Twentieth Century Twenty-First Century Chapter 2. <u>Current Mental Health Care Systems (1 Hour)</u> Key Terms Mental Health Care in Canada Mental Health Care in Norway Mental Health Care in Britain Mental Health Care in Australia Mental Health Care in the United States Care Settings Delivery of Community Mental Health Services Multidisciplinary Mental Health Care Team Client Populations Impact of Mental Illness Chapter 3. <u>Ethical and Legal Issues (1 Hour)</u> Key Terms Values and Morals Rights Ethics Laws and the Legal System Laws and Mental Health Care Care Providers' Responsibilities Chapter 4. <u>Sociocultural Issues (1 Hour)</u> Key Terms Nature of Culture Influences of Culture Cultural Assessment Culture and Mental Health Care SSI: Cultural Considerations (1 Hour)
Sept. 14 - 15 Clinical 16 Hr	<i>Clinicals: 16 Hours</i> Highland Hospital & Presteria Center
Sept. 16 - 18 Theory 5 Hours SSI 3 Hours	Chapter 5. <u>Theories and Therapies (1 Hour)</u> Key Terms Historical Theories Developmental Theories and Therapies

	Behavioral Theories and Therapies Humanistic Theories and Therapies Systems Theories Cognitive Theories and Therapies Sociocultural Theories Biobehavioral Theories Psychobiology Nursing Theories Psychotherapies Somatic Therapies Future Developments Chapter 6. <u>Complementary and Alternative Therapies</u> (1 Hour) Key Terms Body-Based Cam Therapies Energy-Based Cam Therapies Technology-Based Cam Applications Cam Approaches to Mental Health Care Words of Caution Chapter 7. <u>Psychotherapeutic Drug Therapy</u> (3 Hours) Key Terms How Psychotherapeutic Drug Therapy Works Classifications of Psychotherapeutic Drugs Client Care Guidelines Special Considerations Skills: Psychotherapeutic Drug Administration SSI: Theories, Nursing Process, Conflict Management (3 Hours)
Sept. 21 - 22 Clinicals 16 Hr	<i>Clinicals: 16 Hours</i> Highland Hospital & Presteria Center
Sept. 23 - 25 Theory 5 Hours SSI 2 Hours	Chapter 8. <u>Principles and Skills of Mental Health Care</u> (1 Hour) Key Terms Principles of Mental Health Care Skills for Mental Health Care Principles and Practices for Caregivers Chapter 9. <u>Mental Health Assessment Skills</u> (3 Hours) Key Terms Mental Health Treatment Plan About Assessment The Health History Physical Assessment Mental Status Assessment Skills: Mental Health and Physical Assessments Chapter 10. <u>Therapeutic Communication</u> (1 Hour) Key Terms Characteristics of Communication Theories of Communication Levels of Communication Intercultural Communication

	Therapeutic Communication Skills Nontherapeutic Communication Problems with Communication SSI: Communication Skills, Nurse-Client Relationships (2 Hours)
Sept. 28 – 29 Clinical 16 Hrs	<i>Clinicals: 16 Hours</i> Highland Hospital & Presteria Center
Sept. 30 – Oct. 2 Theory 4 Hours SSI 3 Hours	Chapter 11. <u>The Therapeutic Relationship</u> (2 Hours) Key Terms Dynamics of the Therapeutic Relationship Characteristics of the Therapeutic Relationship Phases of the Therapeutic Relationship Roles of the Caregiver Problems Encountered in the Therapeutic Relationship Skills: Therapeutic Communication Activity Chapter 12. <u>The Therapeutic Environment</u> (1 Hour) Key Terms Use of the Inpatient Setting Goals of a Therapeutic Environment The Therapeutic Environment and Client Needs Variables of the Therapeutic Environment Chapter 13. <u>Problems of Childhood</u> (1 Hour) Key Terms Normal Childhood Development Environmental Problems Problems with Parent-Child Interaction Emotional Problems Behavioral Problems Problems with Eating and Elimination Developmental Problems Pervasive Developmental Disorders Schizophrenia Therapeutic Actions SSI: Growth & Development Infant, Toddler, Preschool (3 Hours)
Oct. 5 – 9 Theory 3 Hours SSI 3 Hours	Chapter 14. <u>Problems of Adolescence</u> (1 Hour) Key Terms Adolescent Growth and Development Common Problems of Adolescence Mental Health Problems of Adolescence Therapeutic Interventions Chapter 15. <u>Problems of Adulthood</u> (1 Hour) Key Terms Adult Growth and Development Common Problems of Adulthood Mental Health Problems of Adults Chapter 16. <u>Problems of Late Adulthood</u> (1 Hour) Key Terms Overview of Aging

	Common Problems of Older Adults Mental Health Problems of Older Adults Therapeutic Interventions SSI: Growth and Development- Adolescent, Adulthood (1 Hour)
Oct. 12 – 16 Theory 6 Hours SSI 1 Hour	<i>HESI Midterm (3 Hours)</i> Chapter 17. <u>Cognitive Impairment, Alzheimer’s Disease, Dementia (1 Hour)</u> Key Terms Confusion Has Many Faces Clients with Delirium Dementia Alzheimer’s Disease Therapeutic Interventions Chapter 18. <u>Managing Anxiety (1 Hour)</u> Key Terms Continuum of Anxiety Responses Theories Relating to Anxiety Anxiety Throughout the Life Cycle Anxiety Disorders Therapeutic Interventions Chapter 19. <u>Illness and Hospitalization (1 Hour)</u> Key Terms The Nature of Illness The Hospitalization Experience Therapeutic Interventions SSI: Growth & Development- Older Adult (1 Hour)
Oct. 19 – 23 Theory 4 Hours SSI 1 Hour	Chapter 20. <u>Loss and Grief (2 Hours)</u> Key Terms The Nature of Loss The Nature of Grief and Mourning The Dying Process Therapeutic Interventions Skills: Hospice Facility Tour and Philosophy Chapter 21. <u>Depression and Other Mood Disorders (1 Hour)</u> Key Terms Continuum of Emotional Responses Theories Relating to Emotions and their Disorders Emotions Throughout the Life Cycle Mood Disorders Therapeutic Interventions Chapter 22. <u>Physical Problems, Psychological Sources (1 Hour)</u> Key Terms Role of Emotions in Health Anxiety and Stress Common Psychophysical Problems Somatic Symptom and Related Disorders Implications for Care Providers SSI: Growth & Development- Older Adult (1 Hour)

Oct. 26 – 30 Theory 3 Hours SSI: 1 Hour	Chapter 23. <u>Eating and Sleeping Disorders</u> (1 Hour) - Key Terms - Eating Disorders - Sleep-Wake Disorders Chapter 24. <u>Dissociative Disorders</u> (1 Hour) - Key Terms - Continuum of Self-Concept Responses - Self-Concept Throughout the Life Cycle - Dissociative Disorders - Therapeutic Interventions Chapter 25. <u>Anger and Aggression</u> (1 Hour) - Key Terms - Anger and Aggression in Society - Theories of Anger and Aggression - The Cycle of Assault - Anger-Control Disorders - Guidelines for Interventions SSI: Growth & Development- Lifespan (1 Hour)
Nov. 2 – 6 Theory 3 Hours SSI: 2 Hours	Chapter 26: <u>Outward-Focused Emotions: Violence</u> (1 Hour) - Social Factors and Violence - Abuse, Neglect, and Exploitation within the Family - Abuse, Neglect, and Exploitation within the Community - Mental Health Disorders relating to Violence - Therapeutic Interventions Chapter 27: <u>Inward-Focused Emotions: Suicide</u> (1 Hour) - Continuum of Behavioral Responses - Impact of Suicide on Society - Dynamics of Suicide - Theories About Suicide - Suicide Throughout the Life Cycle - Therapeutic Interventions Chapter 28: <u>Substance-Related Disorders</u> (1 Hour) - Role of Chemicals in Society - Categories of Abused Substances - Other/Medications - Characteristics of Substance Use and Abuse - Guidelines for Intervention SSI: Growth & Development- Lifespan (2 Hours)
Nov. 9 – 13 Theory 3 Hours SSI: 1 Hour	Chapter 29: <u>Sexual Disorders</u> (1 Hour) - Client-Centered Terminology - Influences on Sexuality and Gender Identity - Self-Awareness, Sexuality, and Gender Identity - Sexuality and Gender Identity Throughout the Life Cycle - Sexual Disorders - Therapeutic Interventions

	Psychosocial Assessment Nursing/Therapeutic Process Chapter 30: <u>Personality Disorders</u> (1 Hour) Continuum of Social Responses Personality Throughout the Life Cycle Theories Relating to Personality Disorders Personality Disorders Therapeutic Interventions Chapter 31: <u>Schizophrenia and Other Psychoses</u> (2 Hours) Continuum of Neurobiological Responses Psychoses Throughout the Life Cycle Theories Relating to Psychoses Psychotic Disorders Therapeutic Interventions SSI: Growth & Development- Lifespan (1 Hour)
Nov. 16 – 20 Theory 3 Hours SSI: 1 Hour	Chapter 32: Chronic Mental Health Disorders (2 Hours) Scope of Mental Illness Public Policy and Mental Health Experience of Chronic Mental Illness Characteristics of Chronic Mental Illness Special Populations Providing Care for Chronically Mentally Ill People Therapeutic Interventions Chapter 33: Challenges for the Future (1 Hour) Changes in Mental Health Care The Mental Health Care Team Change and Mental Health Clients Managing Change Other Challenges SSI: Growth & Development- Older Adult (1 Hour)
Nov. 23 – 27	THANKSGIVING BREAK
Nov. 30 – Dec. 4	HESI Final Exam: Psychiatric Nursing (3 Hours)

Evaluation:

The assessment and grading of student performance in this course is based on the following activities: attendance, participation, assignments, unit tests, skill sessions, clinical rotations, and a final exam. Students must successfully pass all the competencies in order to pass the course and/or progress in the program. Students may re-attempt a competency up to three times in order to progress in the course.

Grading Scale

94 – 100 = A

86 – 93 = B

80 – 85 = C

70 – 79 = D

0 – 69 = F

Students must score a 80% or above to successfully complete this course and progress to the next course.

Course Policies:

See the School of Practical Nursing Policy and Procedure Manual

School Policies:

See BCTC Adult Student Handbook

Support Services:

1. The Individual Career Plan (ICP) is a planning tool that is used for career preparation, career growth and lifelong learning goals. All adult education students will complete an Individual Career Plan.
2. Students will be counseled on attendance and grades at mid-term and as needed by program instructors.
3. Students who fail a course must remediate with the Adult Learning Center. Please call 304- 369-4585 for more information.

Discrimination Prohibited:

As required by federal law and regulations, the Boone County Board of Education does not discriminate on the basis of sex, race, color, religion, disability, age or national origin in its employment practices or in the administration of any of its educational programs and activities. Inquiries may be directed to the safe schools coordinator, Boone County Board of Education, 69 Avenue B, Madison, WV, 25130 phone 369-8276.

SPECIAL NEEDS:

If you need accommodations because of a disability, have emergency medical information to share with me, or need special arrangements in case the building must be evacuated, please inform me immediately.

Instructor retains the right to adjust the course schedule and revise the course syllabus as needed.